

Scottish Athletics Limited
Road Running and Cross Country Commission

**Minute of Meeting of Wednesday 25th May 2011 held at 6.30 p.m.
in Scottish Athletics offices, South Gyle, Edinburgh**

Present: Ron Morrison, (Convener); Alex Jackson, (Secretary); Marjory Cook; Alan Potts; Tom Ferrington; Ian Hislop; Mike Johnston; Mark Pollard; Ross Cunningham and Margaret Daly

Apologies: Graham Sword, Sophie Dunnett.

1. Chairman's Welcome and Opening Remarks

1.1 Ron welcomed everyone to the meeting.

1.2 Ron outlined proposed topics for discussion at the meeting and asked for any items on the agenda not already starred to be highlighted.

2. Papers previously circulated

2.1 Commission Minute 23/2/11

3. Papers Circulated with the Agenda

a) RR&CC Competition Calendar
SAL Annual Report – Roll of Honour
London Mini Marathon Report
East District Minute of 18th May 2011

4. Congratulations

4.1 Congratulations were extended to the following:-

- a) Alastair Hay, Central AC and Elspeth Curran, Kilbarchan AAC for their wins in the Men's and Women's Stewarts Cross Country Grand Prix;
- b) Ross Matheson for his 3rd place in the UK Inter Counties Championships at Birmingham on 5th March 2011
- c) Derek Hawkins and Ross Matheson for their selection for the UK Senior and U20 Men's teams at the World Cross Country Championships in Punta Umbria, Spain on 20/3/2011
- d) Susan Partridge and Andrew Lemoncello for their Selection for the World Athletics Championships (Marathon) in Daegu, South Korea on 27/8/2011
- e) John Brown (Ronhill Cambuslang H) and Kate Jenkins (Hunters Bog T) for their wins in the Men's and Women's Scottish 50K Road Championships
- f) Craig Stewart (Forfar RR) and Gail Murdoch (Carnegie H) for their wins in the Men's and Women's Scottish 100K Road Championships
- g) Craig Stewart (Forfar RR) for his selection for the UK team at the IAU World Trail Championships to be held in Connemarra on 10/7/2011
- h) Tesgai Twelde (Shuttleston H) and Gemma Rankin (Kilbarchan AAC) for their wins in the Men's and Women's Scottish 10mile Road Championships
- i) Shuttleston H and Kilbarchan AAC for their wins in the Men's and Women's 6 and 4 stage Scottish Road Relay Championships
- j) Matthew Williamson (Bellahouston RR) and Kate Jenkins (Hunters Bog T) for their wins in the inaugural Men's and Women's Scottish Trail Running Championships
- k) Hunters Bog T and Helensburgh AAC for their wins in the inaugural Men's and Women's Scottish Trail Team Running Championships
- l) Chris MacKay (Inverclyde AAC) and Emma Raven (Central AC) for their wins in the inaugural Men's and Women's Scottish 5K Road Championships
- m) Shuttleston H and Central AC for their wins in the inaugural Men's and Women's Scottish 5K Road Team Championships
- n) Craig Stewart, Forfar Road Runners for his win in the Scottish 100k Anglo Celtic Plate Road Championships

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4.2 The Roll of Honour for the Annual Report was agreed for submission for the Annual General Meeting.

5. Minutes of previous meeting of 23rd February 2011

5.1 Noted

5.2 **Actions Cleared**
The following actions were noted as cleared:
Action: RRCC2010-29: TF – Scottish Athletics Road Running 2010 Plus
Action: RRCC 2011-4 : TF – 5K Race
Action: RRCC2011-2: MJ/AS/AJ - Scottish Athletics Ultra Trail Championship event
Action: RRCC2011-10: Agreed noted
Action: RRCC2011-11: Rules and medals for 5K Championships

5.3 **Actions Outstanding**
Action: RRCC2010-21: NH – Non-SAL athletes in Championships
Action: RRCC2011-1: AJ/RM/MJ/RC/AS - World 24 hour event 2013
Action: RRCC2011-2: MJ/AS/AJ - Scottish Athletics Ultra Trail Championship event
Action: RRCC2011-9: AJ: Mail shot on Student Rules of eligibility
Action: RRCC2011-12: NH: Publicity at National events
Action: RRCC2011-13: AJ: Refreshing the Commission Membership
Action: RRCC2011-14: RM/MJ/MP/TF/RC: Competition season

6. London Mini Marathon
6.1 Team Manager's Report noted. AJ advised discussions had taken place on the change of selection race from the National CC Championships to the Young Athletes Road Races to provide selection for a road event from a road event. Agreed this would be forwarded to the National Endurance Coach as advice from the Commission on the basis of first 4 from the YARR and remaining 2 on form. **Action: RRCC2011-15: AJ**

7. Fixtures / Championships

7.1 National Cross Country Relays - RC advised North Lanarkshire support for Cumbernauld for 2011/12 Winter Season has been confirmed. Lead now North Lanarkshire Leisure, contact Yvonne Murray-Mooney. **Action: RRCC2011-16: RC**
Route / course setting discussed and the role played by Jim Young and Bob Reid was noted and commended. For future events, a satellite map of the course is required. **Action: RRCC2011-17: AJ**

7.2 RC has approached Falkirk Council regarding use of Calendar Park for National Cross Country Championships in 2011/12 season. Follow-up action to be taken. **Action: RRCC2011-18: RC**

7.3 Great Edinburgh Cross Country in 2012 will again incorporate the Inter-District CC and also the Celtic Nations – route amendments possible at Holyrood Park. Under 20 women to run with U17 women to meet Celtic event criteria. **Action: RRCC2011-19: AJ**

7.4 Young Athletes Road Races – early discussions to be arranged with a view to securing Rouken Glen Park. 5k course to be accurately measured for Power of 10 purposes. **Action: RRCC2011-20: AJ/RC**

7.5 Masters Cross Country Championships – West venue required. To be raised at next West District CC&RR Meeting and advise AJ of outcome. **Action: RRCC2011-21: MD**

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7.6 Home Countries – discussions to be arranged on potential to link this event with SIAB event at Strathallan.
Action: RRCC2011-22: MJ

7.7 District Venues – West to be discussed at meeting on 6th June. East under consideration.
Action: RRCC2011-23: MD/AJ

8. Competition Season

8.1 MP presented the paper which had previously been circulated and the following points were noted:-

- a) Introduction of a fallow weekend (Competition week 4) to allow for championship cancellations due to inclement weather
- b) The 4k championships will now be linked to the cross country relay season and take place in Competition week 44 (November)
- c) Other amendments to structures allowed for better alignment of the district, national, inter district and inter county cross country championships
- d) The inter district road 10k is again incorporated within the Great Edinburgh 10k on 2nd October 2011
- e) The summer road season still requires to be reviewed

8.2 The paper was agreed and noted that the programme remains a work in progress. AJ to write to JMacD advising Commission has requested retention of fallow date.

Action: RRCC2011-24: AJ

The meeting closed at 7.30 p.m. with a vote of thanks to the Chair.

Date of Next Meeting

Wednesday 21st September 2011 at 6.30 p.m. Venue in Glasgow to be arranged.

Action: RRCC2011-25: AJ